

Ages 11-17

Miss Cotillion

Present the best, possible YOU!



CAMP HOURS:

Tues-Fri: 9:30am-4:30pm

Session Fees Include:

- All Activities
- Tea At The Plaza
- Photo Shoot & Pictures
- Lunch
- Camp T-Shirt

www.misscotillion.com

2015 Session Dates

July 7th - 10th

July 28th - 31st

Session Fees: \$999

ADD ON PHOTO SHOOT CAMP!

Add on a second, private fashion shoot to your camp session!

Miss Cotillion offers girls ages 11-17 a fun introduction to the world of social graces, etiquette, fashion and style! Combine your love of fashion with valuable life skills and learn how YOU can stand out from the crowd! Explore the world of social graces and fashion in the capitol city of style and sophistication - New York City!

From dining skills to ballroom dancing, personal grooming workshops to tea at The Plaza Hotel - **Miss Cotillion** helps young ladies develop the leadership skills and confidence they need to approach social settings, both formal and informal, with grace and style!

Miss Cotillion was founded and designed by **Heather Cole**, who is certified to teach children's etiquette by The Protocol School of Washington, the internationally recognized school of etiquette and protocol consultants. The program incorporates workbooks and exercises, written by the renowned etiquette expert, Dorothea Johnson. Each lesson is interactive and stresses politeness and courtesy through role playing exercises and group activities.

Join us this summer and learn how to present the best, possible YOU!

Miss Cotillion is held at the Radisson Martinique Hotel, located in the heart of NYC and within walking distance of Manhattan Mall, the Empire State Building and Macy's on 34th Street! Also nearby are Times Square and Grand Central Station. Discounted room rates are available to campers and their families who choose to stay at the Radisson Martinique Hotel.



Social Graces will help you:

- Present yourself positively
- Behave with courtesy and consideration
- Communicate easily and graciously
- Feel more self-confident
- Handle awkward situations
- Gain respect from peers and adults
- Succeed in life
- Present the best, possible YOU!

"Miss Cotillion was a great experience. I learned poise and grace, grooming techniques and made some amazing friends. It's also a real confidence builder."

- Channing, Age 13

"Thank you. This was the best investment I have made in my daughter in a long time. She has gained self-esteem and at her age, that is really hard to come by!"

– Ms. B Schroeder

PERSONAL GROOMING

First impressions DO count! And you generally only have 60 seconds to make a good one! Girls learn how to be perfectly polished and how to present themselves with grace and style! From the way we dress, to our hair and make-up - personal grooming is covered from tip to toe! Explore how to be stylish, trendy, classy and graceful - all at the same time!

POSTURE AND POISE

All young ladies should carry themselves with poise and grace! Campers are taught the principles of good posture, how to sit, how to enter a room and how to carry themselves with dignity and confidence!

THE ART OF CONVERSATION

The way we converse with people says a lot about us to others! Communication skills are the focus of this workshop. The ability to converse freely and eloquently will help girls feel confident and self-assured in any social situation! Remembering names, polite conversation, voice projection, diction, body language, greetings and introductions are all covered.

INTERVIEW SKILLS AND RESUME BUILDING

Life is one big interview! Whether it's meeting someone for the first time, applying for your first part time job or to a new school or college...girls need to be able to handle an interview with poise and confidence. Campers learn how to build their 'resume' and how to make the best possible impression!

FINE DINING - THE DO'S AND THE DON'TS!

A socially savvy young lady should know and always practice her good dining etiquette! Understanding appropriate behaviour in formal and informal dining situations will help build confidence and teach girls how to be a gracious hostess and a welcome guest! Campers learn dining skills and put them to practice as we have luncheon each day!

BALLROOM DANCING

Dance away at our highly popular ballroom dancing class! Campers will receive basic instruction in the Waltz, the Foxtrot, the Cha-Cha and the Tango! Leave this class with the confidence to be the 'belle of the ball'!



RECEIVING LINES

All young ladies should know how to work a receiving line if the need arises. Host and guest etiquette is rehearsed helping girls become comfortable and confident when faced with a formal social situation.



"Kelsey's confidence and poise really developed so much in such a short time! The whole experience exceeded my expectations!"

– Ms. H. McPherson

TEA AT THE PLAZA

Join the ranks of Jackie Kennedy Onassis and The Beatles and partake in some afternoon tea and tea etiquette at the famous Plaza Hotel! This renowned NYC hotel is the site of many Hollywood movies including The Great Gatsby and is a very popular afternoon tea hotspot! Go back in time as you sip your tea and enjoy your finger sandwiches and petit fours! (Dress code required on this day)



PORTRAIT DAY - LIGHTS, CAMERA, ACTION!

All Miss Cotillion campers have the opportunity to present themselves with grace and style in front of the camera on *Portrait Day*! Girls are invited to bring in their favorite formal outfit and have a photo shoot with a professional, fashion photographer! Hair and make-up is done for them by top NYC hair and make-up artists, our styling team will prep their 'look', then they will be guided through a series of poses with a NYC photography team! This is a great way to get some amazing professional pictures and a wonderful way to capture your Miss Cotillion memories forever!

Two 8x12 custom color prints are included in your session fees! Additional prints can be purchased separately. Information on how to order will be given to you at camp.

GRADUATION FASHION SHOW

On the last day of camp we hold our graduation fashion show! Our young ladies learn how to walk the catwalk, then they have the opportunity to present themselves with confidence and style as they proceed down the runway in front of their family and friends - as a Miss Cotillion graduate!



For more information please call us on 888-757-5575 or visit our website at www.misscotillion.com.

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